



# 214

---

**Provide and maintain nail enhancements**

Nail enhancements have become very popular in the salon. The end result can dramatically change the appearance of the nails and hands. This unit is all about working with one system: the choice is between UV gel, wraps, or liquid and powder. You will learn how to consult and communicate with your client, analyse their nails and skin, make clear recommendations with a detailed treatment plan, prepare the nail and apply the chosen nail enhancement. Once the treatment is completed to the satisfaction of the client you will need to know how to maintain and repair their enhancements and also how to remove them safely. You will also learn about health, safety and hygiene, which must be adhered to throughout each treatment, and the chemical processes that takes place with your chosen nail enhancement system.

# Assignment mark sheet

## Unit 214 Provide and maintain nail enhancements

Your assessor will mark you on each of the practical tasks in this unit. This page is used to work out your overall grade for the unit. You must pass **all** parts of the tasks to be able to achieve a grade. For each completed practical task, a pass equals 1 point, a merit equals 2 points and a distinction equals 3 points.

What you must know	Tick when complete
Task 1a: produce an information sheet	
Task 1b: produce a fact sheet	
Task 1c: anatomy and physiology	
<b>Or</b> tick if covered by an online test	

What you must do	Grade	Points
Task 2a: apply nail enhancements		
Task 2b: maintain nail enhancements		

### Conversion chart

Grade	Points
Pass	1–1.5
Merit	1.6–2.5
Distinction	2.6–3

Total points for graded tasks \_\_\_\_\_

Divided by \_\_\_\_\_

= \_\_\_\_\_

**Overall grade**  
(see conversion chart)

Candidate name: \_\_\_\_\_

Candidate signature: \_\_\_\_\_ Date: \_\_\_\_\_

Assessor signature: \_\_\_\_\_ Date: \_\_\_\_\_

Quality assurance co-ordinator signature (where applicable): \_\_\_\_\_ Date: \_\_\_\_\_

External Verifier signature (where applicable): \_\_\_\_\_ Date: \_\_\_\_\_

## What does it mean?

Some useful words are explained below

### Acetone

A solvent used to remove nail enhancements.

### Aftercare advice

Advice given to the client following a nail enhancement in order for the client to benefit from the effectiveness of the treatment.

### Contra-action

An unfavourable reaction that may occur either during or after the nail enhancement treatment, eg skin swelling.

### Contra-indication

A condition that will stop the nail enhancement being carried out, eg paronychia.

### Cuticle

The flexible fold of skin around the base of the nail.



### Dappen dish

A small container used to hold liquid products while working.

### Dehydrator

A product used to remove water or dry out the nail plate.

### Disinfection

The process of destroying some but not all micro-organisms.

Recommending retail products and having them available to sell will increase the longevity of the enhancements, and can earn extra money for the salon.

### Fibreglass

The strong and durable material used in the wrap system.

### Liquid and powder

The two products are mixed together to form a strong and durable enhancement system.

### Nail plate

The pink-coloured part of the nail.



### Resin

An adhesive used in the wrap system.

### Sterilisation

The process of destroying all micro-organisms and their spores.



### Tips

These are made of plastic and are strong, durable and flexible; they are applied to the nail plate to extend the length of the nail.

### UV gel

A thick gel that is cured into a hard, durable, flexible enhancement using a UV curing lamp.

## What you must know

### You must be able to:

- 1 describe the salon requirements for preparing yourself, the client and the work area
- 2 describe the environmental conditions suitable for nail enhancement services
- 3 describe different consultation techniques used to identify treatment objectives
- 4 explain the importance of carrying out a detailed nail and skin analysis
- 5 describe how to select products, tools and equipment to suit the client's treatment needs, skin and nail conditions
- 6 identify nail and skin conditions
- 7 describe the contra-indications which prevent or restrict manicure treatments
- 8 state how to communicate and behave in a professional manner
- 9 describe health and safety working practices and industry Code of Practice for Nail Services
- 10 explain the importance of positioning yourself and the client correctly throughout the service

*Continues on next page*

#### Revision tip

Keep familiarising yourself with COSHH regulations in relation to exposure, handling, storage and disposal.



### Follow in the footsteps of... *Beverley Braisdell*

Beverley trained at Wigan and Leigh College and is now the Programme Development Coordinator for the college. She started out as a beauty therapist, before owning a salon. She quickly became a full-time lecturer who specialised in nails. Beverley joined the Habia Nail Services Forum, where she helps make changes within the industry. She has had other exciting opportunities, eg judging the Greek National Nails Competition and writing for *Scratch* magazine. On top of all that, she works for City & Guilds as an Examiner, External Verifier and Qualification Advisor for Nail Services. **Look for the pink quote marks to see what she has to say to you!**



Image courtesy of Professionnails

- 11 explain the importance of using products, tools, equipment and techniques to suit the client's service needs, nail and skin conditions
- 12 describe how services can be adapted to suit the client's service needs, nail and skin conditions
- 13 describe how to maintain and remove nail enhancements
- 14 state the contra-actions that may occur during and following service and how to respond
- 15 state the importance of completing the service to the satisfaction of the client
- 16 state the aftercare advice that should be provided
- 17 describe the chemical process involved in the nail enhancement system
- 18 describe the structure and functions of the nail and skin
- 19 describe the different natural nail shapes

**Revision tip**

Practise application on training hands to perfect your technique.

“

*Hygiene and thorough preparation are vital when performing nail enhancement services to avoid cross-infection.*



Image courtesy of iStockphoto.com/Ivan & Monika

Spend time choosing the correct tip; this can make all the difference to a professional finish.

“

Gels are a great way of adding shine to any nail enhancement system.

# Nail enhan

“

Liquid and powder takes time and skill to master, but it is one of the most popular nail services that can be used on finger or toe nails.



Think of your client's complete look when consulting on nail enhancements.

support the fingers firmly  
when you are working.  
This will help with your  
application technique.



# Encements



if the client is happy with the end  
result, they are much more likely to  
return in the future.





## What you must do

### Practical observations descriptors table

This table shows what you need to do to achieve 1, 2 or 3 marks for the criteria indicated with \* on the previous page.

	1 mark	2 marks	3 marks
<b>2</b> <b>Use suitable consultation techniques to identify treatment objectives</b>	Basic consultation carried out. Examples: closed questions used throughout, questioning covered contra-indications.	Good consultation carried out. Examples: open and closed questions, positive body language, questioning covers contra-indications, general health, lifestyle and expectations.	Thorough consultation carried out. Examples: open and closed questions, positive body language, questioning covers contra-indications, general health, lifestyle and expectations.
<b>4</b> <b>Provide clear recommendations to the client</b>	A basic service plan is recommended. Examples: objectives of the service identified.	A good service plan is recommended. Examples: objectives of the service identified, taking into account nail condition and client expectations.	A thorough service plan is recommended. Examples: objectives of the service identified, taking into account nail condition, general health, medication, client lifestyle, expectations, occasion established, length of artificial nail preferences and current use of nail enhancements.
<b>7</b> <b>Select and use appropriate products, tools, equipment and techniques to suit the client's service needs, nail and skin conditions</b>	Selected and used products, tools and equipment to suit the service objectives, blending and balancing techniques evident on each nail.	Selected and used products, tools and equipment to suit the service objectives, blending and balancing techniques evident with a consistent finish to the look across all nails.	Selected and used products, tools and equipment to suit the service objectives, blending and balancing techniques evident with a consistent finish to the look across all nails, each nail is left free from debris, communicates with the client to confirm satisfaction at every stage.

*Continues on next page*

## What you must do

### Practical observations descriptors table (continued)

This table shows what you need to do to achieve 1, 2 or 3 marks for the criteria indicated with \* on the previous page.

	1 mark	2 marks	3 marks
<b>9</b> Complete the service to the satisfaction of the client	The service is completed within the agreed time and brought to a satisfactory close.	The service is completed within the agreed time and the client is shown the result.	The service is completed within the agreed time, brought to a satisfactory close, the client is shown the result, result adapted if necessary, client is assisted where necessary.
<b>11</b> Provide suitable aftercare advice	Basic aftercare advice is provided including possible contra-actions.	Good level of aftercare advice includes homecare products and future services.	Excellent aftercare advice includes homecare products, application and removal techniques and future services and recommendations.

“

*Wraps are a great system to use when repairing a natural nail, as they are thin and look natural.*

## Comment form

### Unit 214 Provide and maintain nail enhancements

This form can be used to record comments by you, your client, or your assessor.

---

---

---

---

---

---

---

---

