Unit 4222-380 Principles of supporting young people with a disability to make the transition into adulthood (LD 311 K)

Level: **3**
Credit value: **3**
UAN: **M/601/7227**

Unit aim

The unit provides knowledge and understanding on how to enable young people with a disability to move from childhood into adulthood.

Learning outcomes

There are **five** learning outcomes to this unit. The learner will:

1. Understand the steps and stages of moving from childhood into adulthood
2. Understand how having a disability may affect the process of moving from childhood into adulthood
3. Know the options for supporting a young person who has a disability to make the transition into adulthood
4. Understand how to support a young person with a disability through a successful transition
5. Understand the importance of supporting a young person and their family to reflect on the transition

Guided learning hours

It is recommended that **30** hours should be allocated for this unit, although patterns of delivery are likely to vary.

Details of the relationship between the unit and relevant national standards

This unit is linked to HSC 310, 329, 332, 344, 412.

Support of the unit by a sector or other appropriate body

This unit is endorsed by Skills for Care and Development.

Assessment

This unit needs to be assessed in line with the Skills for Care and Development QCF Assessment Principles. It does not confirm competence.

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Assessment Criteria

Outcome 1 Understand the steps and stages of moving from childhood into adulthood

The learner can:

1. identify the range of physical, social and emotional changes which occur for young people as they move into adulthood
2. explain the changes faced by young people as they move from childhood into adulthood in relation to their: freedoms, rights, and responsibilities
3. explain how culture may impact on the process of moving from childhood into adulthood
4. explain theories about change and how this can affect a young person with a disability.

Outcome 2 Understand how having a disability may affect the process of moving from childhood into adulthood

The learner can:

1. explain, giving examples, the potential effects of the transition process on young people with disabilities and their **families**
2. identify challenges young peoples with a disability might have understanding and coping with change
3. outline the methods that can be used to support a young person with a disability to cope with changes
4. explain how **legislation and local and national practice guidelines** affect the planning of the transition for a young person with a disability from childhood into to adulthood
5. describe the legislation that affects the right of a young person with a disability to make decisions about their life.

Outcome 3 Know the options for supporting a young person who has a disability to make the transition into adulthood

The learner can:

1. explain how a young person with a disability can have equal opportunities to make life choices as a young person without a disability
2. explain how to support a young person with a disability to explore the options available in relation to employment or continued education and development
3. explain how personal budgets can be used with young people in transition.

Outcome 4 Understand how to support a young person with a disability through a successful transition

The learner can:

1. explain the factors to consider, and types of support that a young person with a disability may need before, during, and after the transition process
2. explain how person-centred transition reviews and person-centred thinking can be used as part of this planning process
3. explain the difference in approaches to planning between children's and adults' support services
4. describe how to involve families in the transition process
5. explain the role of **key agencies and professionals** likely to be involved in the transition process
6. outline possible areas of tension and conflict that may arise during the transition into adulthood
7. compare different methods of support to use with young people with disabilities who have varying abilities.

Outcome 5 Understand the importance of supporting a young person and their family to reflect on the transition

The learner can:

1. explain why it is important to reflect on the transition with the young person and their family
2. explain the importance of recording the process of transition.

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Additional guidance

- **Families** may also include others significant to the young person such as guardians, carers, friends, partners etc.
- **Legislation and local and national practice guidelines** - current and up to date legislation and local and national practice guidelines around supporting a young person with a disability to move from childhood into adulthood
- **Key agencies and professionals** – may include agencies offering support with personal budgets, careers advice, housing, advocates, education, benefits, occupational therapists citizens advice etc