Unit 4222-246 Support person-centred thinking and planning (LD 202)

Level: **2**
Credit value: **5**
UAN: **L/601/6442**

Unit aim

This unit is aimed at those who work in a range of health and social care settings. Person-centred thinking and planning reflects what is important to individuals and supports them to live the life they choose. This unit provides knowledge about the principles and processes of person-centred thinking, planning and reviews. It also requires demonstration of the skills and attitudes required to support person-centred thinking.

Learning outcomes

There are **five** learning outcomes to this unit. The learner will:

1. Understand the principles and practice of person-centred thinking, planning and reviews
2. Understand the context within which person-centred thinking and planning takes place
3. Understand own role in person-centred planning, thinking and reviews
4. Be able to apply person-centred thinking in relation to own life
5. Be able to implement person-centred thinking and person-centred reviews

Guided learning hours

It is recommended that **34** hours should be allocated for this unit, although patterns of delivery are likely to vary.

Details of the relationship between the unit and relevant national standards

This unit is linked to HSC 25.

Support of the unit by a sector or other appropriate body

This unit is endorsed by Skills for Care and Development.

Assessment

Units need to be assessed in line with the Skills for Care and Development QCF Assessment Principles.

Learning outcome 5 must be assessed in a real work situation.

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Assessment Criteria

Outcome 1 Understand the principles and practice of person-centred thinking, planning and reviews

The learner can:

1. identify the beliefs and values on which person-centred thinking and planning is based
2. define person-centred thinking, person-centred planning and person-centred reviews
3. describe the difference that person-centred thinking can make to **individuals** and their families
4. describe examples of **person-centred thinking tools**
5. explain what a 'one page profile' is
6. describe the person-centred review process.

Outcome 2 Understand the context within which person-centred thinking and planning takes place

The learner can:

1. outline current legislation, policy and guidance underpinning person-centred thinking and planning
2. describe the relationship between person-centred planning and personalised services
3. identify ways that person-centred thinking can be used:
   - with individuals
   - in **teams**.

Outcome 3 Understand own role in person-centred planning, thinking and reviews

The learner can:

1. describe own role in person-centred thinking, planning and reviews when supporting individuals
2. identify challenges that may be faced in implementing person-centred thinking, planning and reviews in own work
3. describe how these challenges might be overcome.

Outcome 4 Be able to apply person-centred thinking in relation to own life

The learner can:

1. demonstrate how to use a person-centred thinking tool in relation to own life to identify what is working and not working
2. describe own relationship circle
3. describe how helpful using a person-centred thinking tool was to identify actions in relation to own life
4. describe how to prepare for own person-centred review.

Outcome 5 Be able to implement person-centred thinking and person-centred reviews

The learner can:

1. use person-centred thinking to know and act on what is important to the individual
2. establish with the individual how they want to be supported
3. use person-centred thinking to know and respond to how the individual communicates
4. be responsive to how an individual makes decisions to support them to have maximum choice and control in their life
5. support the individual in their relationships and in being part of their community using person-centred thinking
6. ensure that the individual is central to the person-centred review process
7. explain how to ensure that actions from a review happen.

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Additional guidance

- An **individual** is someone requiring care or support
- **Person-centred thinking tools** include:
  - Important to/for (recorded as a one page profile)
  - Working/Not working
  - The doughnut
  - Matching staff
  - Relationship circle
  - Communication charts
  - 4 plus 1 questions
  - Citizenship tool
  - Decision making agreement
  - Presence to contribution
  - Dreaming
- **Community connecting related tools:**
  - Who am I? My gifts and capacities
  - Hopes and Fears
  - Mapping our network
  - Passion audit
  - Capacity mapping
  - Who am I – My places
- **Teams** – A person-centred team uses person-centred thinking within the team context, to clarify the purpose of the team, what is important to the team and what support team members need. Teams can work through seven questions to explore becoming a person-centred team. Each question uses a range of person-centred thinking tools to answer it. Information about purpose, what is important to the team, action and reflection is recorded and updated in a person-centred team plan