Unit 4222-213 Contribute to monitoring the health of individuals affected by health conditions (HSC 2004)

Level: **2**
Credit value: **2**
UAN: **M/601/9026**

Unit aim

This unit is aimed at those working in a wide range of settings. It provides the learner with the knowledge and skills required to observe, monitor, record and report on the health of individuals affected by health conditions.

Learning outcomes

There are **four** learning outcomes to this unit. The learner will:

1. Understand monitoring of the health of individuals affected by health conditions
2. Be able to carry out observations of the health of individuals affected by health conditions
3. Be able to record and report on observations
4. Be able to respond to changes in an individual's condition

Guided learning hours

It is recommended that **18** hours should be allocated for this unit, although patterns of delivery are likely to vary.

Details of the relationship between the unit and relevant national standards

This unit is linked to HSC 224.

Support of the unit by a sector or other appropriate body

This unit is endorsed by Skills for Care and Development.

Assessment

This unit must be assessed in accordance with Skills for Care and Development's QCF Assessment Principles.

Learning outcomes 2, 3 and 4 must be assessed in a real work environment.

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Assessment Criteria

Outcome 1 Understand monitoring of the health of individuals affected by health conditions

The learner can:

1. explain the importance of monitoring the **health** of individuals affected by a health condition
2. describe ways in which the health of individuals can be monitored.

Outcome 2 Be able to carry out observations of the health of individuals affected by health conditions

The learner can:

1. identify what **observations** have been agreed to monitor the health condition of an **individual**
2. carry out required observations in ways that:
   - respect the individual's dignity and privacy
   - reassure the individual and minimise any fears or concerns
   - follow **agreed ways of working**.

Outcome 3 Be able to record and report on observations

The learner can:

1. record required indicators of an individual's condition
2. report changes in the individual's condition, in line with agreed ways of working
3. explain when changes may be needed to usual recording and reporting requirements about an individual's health condition.

Outcome 4 Be able to respond to changes in an individual's condition

The learner can:

1. take immediate action in line with agreed ways of working when changes in an individual's health cause concern
2. work with **others** to review information about changes in an individual's health
3. clarify own understanding about changes to requirements for monitoring
4. implement required changes to monitoring processes.

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Additional guidance

- **Health** may include aspects that affect:
  - Physical health
  - Psychological well-being
- An **individual** is someone requiring care or support
- **Agreed ways of working** will include policies and procedures, where these exist
- **Observations** may include:
  - Informal observations
  - Physical measurements
  - Other agreed ways of monitoring
- **Others** may include:
  - The individual
  - Family members
  - Line manager
  - Other professionals
  - Others who are important to the individual's well-being.