Unit 4222-228 Contribute to supporting group care activities (HSC 2023)

Level: **2**
Credit value: **3**
UAN: **L/601/9471**

Unit aim
This unit is aimed at those working in a wide range of settings. It provides the learner with the knowledge and skills required to support individuals to participate in and enjoy group care activities.

Learning outcomes
There are **four** learning outcomes to this unit. The learner will:
1. Understand the place of group care activities in the care and support of individuals
2. Be able to contribute to the development of a supportive group culture
3. Be able to contribute to the implementation of group care activities
4. Be able to contribute to the evaluation of group care activities

Guided learning hours
It is recommended that **23** hours should be allocated for this unit, although patterns of delivery are likely to vary.

Details of the relationship between the unit and relevant national standards
This unit is linked to HSC 228.

Support of the unit by a sector or other appropriate body
This unit is endorsed by Skills for Care and Development.

Assessment
This unit must be assessed in line with Skills for Care and Development's QCF Assessment Principles.
Learning outcomes 2, 3 and 4 must be assessed in a real work environment.

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Assessment Criteria

Outcome 1 Understand the place of group care activities in the care and support of individuals

The learner can:

1. explain how participating in group care activities can benefit an **individual's** identity, self-esteem and well-being
2. identify examples of when a group care activity may be the best way to meet an individual's care or support needs
3. explain why dilemmas may arise when providing support for individuals through group care activities.

Outcome 2 Be able to contribute to the development of a supportive group culture

The learner can:

1. support group members to understand the benefits of group activities
2. encourage interaction between new and existing group members that promotes enjoyment, co-operation, inclusion and **well-being**
3. describe ways to support group members to resolve any conflicts that may arise amongst themselves.

Outcome 3 Be able to contribute to the implementation of group care activities

The learner can:

1. work with individuals and **others** to agree approaches, content and methods for group care activities
2. carry out agreed role to support individuals and the group during activities
3. address any adverse effects and maximise benefits for individuals during activities
4. maintain records about group care activities in line with **agreed ways of working**.

Outcome 4 Be able to contribute to the evaluation of group care activities

The learner can:

1. contribute to agreeing with individuals and others the processes, roles and criteria for assessing group care activities
2. carry out agreed role in contributing to the evaluation of the processes, effects and outcomes of group activities
3. describe ways to ensure that individuals and others are actively involved in the evaluation
4. contribute to agreeing changes to activities or processes to improve outcomes for individuals.

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Additional guidance

- **Group care activities** may include:
  - Recreational or leisure activities
  - Visits outside the usual setting
  - Social activities
- **Individuals** are those requiring care or support
- **Well-being** includes the following aspects:
  - Physical
  - Emotional
  - Social
  - Spiritual
- **Others** may include:
  - Carers and family members
  - Line manager
  - Therapists or other specialists who may recommend group care activities
  - The local community
- **Agreed ways of working** will include policies and procedures where these exist.