

## Unit 206: Understand own role in self-development

### Sample lesson plan 3

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Course number: \_\_\_\_\_ Course title: \_\_\_\_\_

Tutor's name: \_\_\_\_\_ Date: \_\_\_\_\_ Time: \_\_\_\_\_ Lesson length: 3 hours Room: \_\_\_\_\_

Lesson topic:

**Aims:**

By the end of the lesson the learner will:

- describe how own development contributes to improved practice
- review a personal development plan
- identify areas for own development
- confirm development of skills and knowledge.

**Learning outcomes:**

To enable learners to:

- be able to review professional knowledge and skills development.

Timing (mins)	Work to be covered	Teaching activity/assessment	Learner activity	Resources
5	Registration and welcome	Take register.		
10	Recap previous session: Professional Development	<p>Task learners to list on a whiteboard the methods available to develop own professional skills and knowledge.</p> <p>Discuss any follow-up points or questions the learners may have from previous lesson.</p>	Learners to list on a whiteboard the methods available to develop own professional skills and knowledge.	Whiteboard
10	Follow-up of pre-lesson preparation: Professional Development	<p>Review independent learning task in the previous session – <b>Worksheet 2: Professional development</b>. This should have been completed independently and handed in to the tutor at this session.</p> <p>Encourage Q&amp;A and discussion in order to engage and develop ideas and thinking which will help with the completion of this unit.</p>	<p>Individual learners to present their paper for peer review/markings and any areas of concern should be addressed to the tutor for review.</p> <p>Learner discussion and Q&amp;A.</p>	<b>Worksheet 2</b>
5	<b>Aims and objectives</b>	Discuss the aims and objectives for the lesson.	Learner discussion and Q&A.	Whiteboard

<p>10</p>	<p>Introductory task 1: How to review professional knowledge and skills development</p>	<p>Outline the focus of the lesson to include:</p> <ul style="list-style-type: none"> <li>• how own development contributes to improved practice</li> <li>• personal development plans</li> <li>• identify areas for own development</li> <li>• confirm development of skills and knowledge.</li> </ul> <p>Encourage Q&amp;A and discussion in order to engage and develop ideas and thinking which will help with the completion of this unit</p>	<p>Learner discussion and Q&amp;A.</p>	<p>Whiteboard</p>
<p>30</p>	<p>Introductory task 2: How to review professional knowledge and skills development</p>	<p>Learners to complete <b>Worksheet 3: Skills and behaviour exercise</b>. This should be completed individually and then peer reviewed. Learners are encouraged to discuss and identify areas that require support in their development. Set a time limit of 30 minutes. Discuss/fill gaps as a class.</p> <p>Encourage Q&amp;A and discussion in order to engage and develop ideas and thinking which will help with the completion of this unit.</p>	<p>Complete <b>Worksheet 3: Skills and behaviour exercise</b>. This should be completed individually and then peer reviewed.</p>	<p><b>Worksheet 3</b></p>

<p>40 minutes</p>	<p>Main body of lesson:</p> <ul style="list-style-type: none"> <li>• describe how own development contributes to improved practice</li> <li>• review personal development plan</li> <li>• identify areas for own development</li> <li>• confirm development of skills and knowledge.</li> </ul>	<p><b>Activity 8:</b> Put the learners into groups, ask them to research using the internet, the step/activities involved with completing a professional development plan. Where possible groups should give examples. Set a time limit of 20 minutes. Discuss/fill gaps as a class.</p> <p>Select individual groups to present their thoughts to the rest of the group. Encourage Q&amp;A session after each presentation.</p> <p>Deliver <b>PowerPoint Presentation 3: Review professional knowledge and skills development.</b></p> <p>Encourage Q&amp;A and discussion in order to engage and develop ideas and thinking which will help with the completion of this unit.</p>	<p><b>Activity 8:</b> Learners in groups to research and list using the internet, the step/activities involved with completing a professional development plan.</p> <p>Individual groups to present their thoughts to the rest of the group.</p> <p>Learner discussion and Q&amp;A.</p>	<p>IT Whiteboard</p> <p><b>Activity 8</b></p> <p><b>PowerPoint Presentation 3</b></p>
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<p>60 minutes</p>	<p>Main body of lesson:</p> <ul style="list-style-type: none"> <li>• Review personal development plan</li> <li>• Identify areas for own development</li> <li>• Confirm development of skills and knowledge</li> </ul>	<p><b>Activity:</b> Learners to complete professional development plan using the template provided. <b>Worksheet 4:</b> Personal Development Plan. Set a time limit of 60 minutes. Tutor to support the completion of the PDPs.</p>	<p><b>Activity:</b> Learners to complete professional development plan using the template provided. <b>Worksheet 4:</b> Personal Development Plan.</p>	<p>IT</p> <p><b>Worksheet 4</b></p>
<p>10</p>	<p>Summary of session</p>	<p><b>Activity 4: 1-minute paper:</b> Learners to summarise the key elements of a professional development plan covered in the lesson.</p> <p>Encourage peer-to-peer reflection and feedback on the exercise. Direct the discussion, and identify any points not picked up by the learners</p> <p>Group question and answer session: Ask individual learners oral questions specific to the topic.</p>	<p>Learner discussion and Q&amp;A.</p>	<p><b>Activity 4</b></p>

<p><b>How learning is to be measured</b></p> <ul style="list-style-type: none"> <li>• Oral questions and answers</li> <li>• End of unit assessment (City &amp; Guilds set)</li> <li>•</li> </ul> <p><b>Opportunities for embedding core skills:</b></p> <ul style="list-style-type: none"> <li>• The use of research skills using IT</li> <li>• Basic English speaking and listening</li> <li>• Basic writing skills to include spelling</li> </ul>	
<p><b>Homework/research work</b></p> <ul style="list-style-type: none"> <li>• This will depend on the next part of the qualification being delivered.</li> </ul>	
<p><b>Lesson evaluation</b></p>	<ul style="list-style-type: none"> <li>• Was the lesson better than expected</li> <li>• As expected</li> <li>• Worse than expected</li> </ul>
<p><b>Lesson evaluation/comments</b></p>	
<p><b>Suggestions/modifications for next lessons</b></p>	

