

Unit 305: Sustainability in professional kitchens

Sample lesson plan 7

Course number: _____ Course title: _____

Tutor's name: _____ Date: _____ Time: _____ Lesson length: 2 hours Room: _____

Lesson topic: Understand how sustainable practices are implemented in professional kitchens

Aims:

- Evaluate the suitability of waste disposal options available to professional kitchens for different types of materials.

Learning outcomes:

To enable learners to:

- understand sustainability in the hospitality industry
- understand how sustainable practices are implemented in professional kitchens.

Timing (mins)	Work to be covered	Teaching activity/assessment	Learner activity	Resources
10 minutes	<p>Introduction</p> <p>Different responsible waste disposal options (recap):</p> <ul style="list-style-type: none"> • Landfill • Recycle • Reuse • Waste recovery. 	<p>Tutor-led presentation/discussion.</p> <p>Show <i>Foodstars waste disposal options</i> video:</p> <p>www.foodstarsuk.com/commercial-kitchens-for-rent/starter-guide-food-safety-storage-waste/</p>	<p>Learners to listen, observe, take notes and question appropriately.</p>	<p>Foodstars video link:</p> <p>www.foodstarsuk.com/commercial-kitchens-for-rent/starter-guide-food-safety-storage-waste/</p>
5 minutes	<p>Evaluate the suitability of waste disposal options available to professional kitchens for paper.</p>	<p>Tutor-led presentation/discussion using PowerPoint presentation 7.</p> <p>Give out Handout 7.</p>	<p>Learners to listen, observe, take notes and question appropriately.</p> <p>Read Handout 7.</p>	<p>PowerPoint presentation 7</p> <p>Handout 7.</p>
20 minutes	<p>Evaluate the suitability of waste disposal options available to professional kitchens for food.</p>	<p>Tutor-led presentation/discussion using PowerPoint presentation 7.</p>	<p>Learners to listen, observe, take notes and question appropriately.</p>	<p>PowerPoint presentation 7</p>

Timing (mins)	Work to be covered	Teaching activity/assessment	Learner activity	Resources
10 minutes	Evaluate the suitability of waste disposal options available to professional kitchens for metals.	Tutor-led presentation/discussion using PowerPoint presentation 7	Learners to listen, observe, take notes and question appropriately.	PowerPoint presentation 7
10 minutes	Evaluate the suitability of waste disposal options available to professional kitchens for glass.	Tutor-led presentation/discussion using PowerPoint presentation 7.	Learners to listen, observe, take notes and question appropriately.	PowerPoint presentation 7
10 minutes	Evaluate the suitability of waste disposal options available to professional kitchens for liquid.	Tutor-led presentation/discussion using PowerPoint presentation 7.	Learners to listen, observe, take notes and question appropriately.	PowerPoint presentation 7
10 minutes	Evaluate the suitability of waste disposal options available to professional kitchens for hazardous waste.	Tutor-led presentation/discussion using PowerPoint presentation 7.	Learners to listen, observe, take notes and question appropriately.	PowerPoint presentation 7

Timing (mins)	Work to be covered	Teaching activity/assessment	Learner activity	Resources
10 minutes	Evaluate the suitability of waste disposal options available to professional kitchens for non-recyclable materials.	Tutor-led presentation/discussion using PowerPoint presentation 7 .	Learners to listen, observe, take notes and question appropriately. Question & Answer	PowerPoint presentation 7
15 minutes	Discuss the advantages and disadvantages of monitoring waste disposal options for different types of materials	Tutor-led presentation/discussion.	Learners to listen, observe, take notes and question appropriately. Question and answer session.	
10 minutes	Recap of session content/ homework brief Revisit aims and objectives Q&A to check learning.	Tutor-led presentation/discussion. Discussion – identify useful resources and websites	Learners to listen, observe, take notes and question appropriately. Question & Answer	PowerPoint presentation 7 Handout 7

Timing (mins)	Work to be covered	Teaching activity/assessment	Learner activity	Resources
10 minutes	Revision of lesson content	<ol style="list-style-type: none"> 1-minute paper: Task the learners to briefly summarise the key points from the presentation. Ask individuals to provide one point each to all the class. Question and answer session: In pairs, learners to ask each other questions to consolidate their learning. Tutor to monitor and fill in any gaps. 	<p>Learners should think and write their key points down. Learners should communicate their thoughts with the rest of the class, recording their key point on the flip chart/whiteboard.</p> <p>Learner Q&A session to confirm the knowledge required to carry out the performance.</p>	
	Independent learning.	Worksheet 7	Complete the worksheet for the next session.	Worksheet 7
	Stretch task.		Complete Activity 7	Activity 7
	Look forward to your next lesson/any final questions.			

<p>How learning is to be measured:</p> <ul style="list-style-type: none"> • Q&A • Worksheet 7 • Activity 7 	
<p>Homework/research work:</p> <ul style="list-style-type: none"> • Worksheet 7 • Activity 7 	
<p>Lesson evaluation (delete as appropriate)</p>	<ul style="list-style-type: none"> • Was the lesson better than expected • As expected, • Worse than expected
<p>Lesson evaluation/comments:</p>	
<p>Suggestions/modifications for next lessons:</p>	