

Unit 307: Produce and present advanced starters using standardised recipes

Sample lesson plan 6

Course number: _____ Course title: _____

Tutor's name: _____ Date: _____ Time: _____

Lesson topic: Ingredients for cold soups, starters and mezze Lesson length: 5 hours Room: _____

Aims:

- The aim of this unit is to provide learners with the skills of how to produce and present advanced starters using standardised recipes, ensuring an ability to adjust standardised recipes to meet volume demands or guest needs.
- Learners will develop the skills to produce both hot and cold soups, advanced hot and cold starter courses and accompanying sauces that feature on traditional and contemporary menus.

Learning outcomes:

To enable learners to:

- be able to prepare, cook and serve cold soups and advanced cold starters and mezze.

Timing (mins)	Work to be covered	Teaching activity/assessment	Learner activity	Resources
5 minutes	Registration and welcome	Take register.		
5 minutes	Aims and objectives.	Discuss the aims and objectives for the lesson.	Learner discussion and Q&A.	Whiteboard
30 minutes	Introduction task 1.	Deliver PowerPoint Presentation 6		PowerPoint presentation 6
50 minutes	Main body of lesson	Outline the focus of the lesson to include: <ul style="list-style-type: none"> • Produce standard recipes for a range of cold soups and advanced cold starters and Mezze using a variety of ingredients to cover the following items from the range • Fresh and convenience stock, textured vegetable proteins and vegetable. Menu examples which contain convenience stock and vegetable proteins could include such items as:	Learner discussion and Q&A. Researching dishes and producing standard recipes. From previously researched dishes using noodles, pasta and bread to produce a food order, workplan and equipment list for next week's practical session.	Whiteboard

Timing (mins)	Work to be covered	Teaching activity/assessment	Learner activity	Resources
		<ul style="list-style-type: none"> • Deep fried tofu with a roasted tomato and pepper sauce • Oriental stir fry Quorn • Quinoa salad. <ul style="list-style-type: none"> • Use a variety of cookery methods • Adapt standard recipes, increase yield amounts for more covers and adjust ingredients to ensure quality if maintained • Check Quality of ingredients used and develop a quality checklist to support this activity • Use a range of preparation methods • Use a range of kitchen equipment • Apply quality checks throughout the cooking process • Apply a range of finishing methods when serving dishes. <p>Encourage Q&A and discussion in order to engage and develop ideas and thinking which will help with the completion of this unit.</p>		

Timing (mins)	Work to be covered	Teaching activity/assessment	Learner activity	Resources
30 minutes	Task 2	<p>Task learners in groups of two to complete Worksheet 6.</p> <p>Set a time limit of 30 minutes.</p> <p>Discuss/fill gaps as a class.</p>	<p>Complete Worksheet 6.</p> <p>Learner discussion and Q&A</p>	Worksheet 6
180 minutes	Practical task	<p>Introduce practical activities.</p> <p>Encourage peer-to-peer reflection and feedback on the exercise. Direct the discussion, and identify any points not picked up by the learners including good and poor practice.</p> <p>Group question and answer session: Ask individual learners oral questions specific to the topic.</p>	<p>Learners to complete a 3-hour practical session using developed standardised recipe covering the identified criteria for all the following</p> <ul style="list-style-type: none"> • Collect food order list of ingredients covering everything required • Quality – check quality of all ingredients • Equipment – Collect all required equipment for the dishes to be produced • Preparation methods – which preparation methods are used for this task • Cooking methods – using the range of cookery methods to produce the dishes 	Practical kitchen

Timing (mins)	Work to be covered	Teaching activity/assessment	Learner activity	Resources
			<ul style="list-style-type: none"> Finishing – how is the dish finished, served and added to the starter where appropriate. <p>Learner review and evaluation</p>	
<p>How learning is to be measured:</p> <ul style="list-style-type: none"> Worksheet 6 Learner self-evaluation of developed dishes produced Dishes completed within the time frame to a required standard Tutor involvement in the evaluation and has the assessment criteria been completed for this task 				
<p>Homework/research work:</p> <ul style="list-style-type: none"> Write up today's dish and complete a critical evaluation, add changes to the standard recipes if required. Finalise dish specification for next week's practical Produce a work plan with a list of required equipment's for next week's session. 				
<p>Lesson evaluation</p>		<ul style="list-style-type: none"> Was the lesson better than expected As expected Worse than expected 		
<p>Lesson evaluation/comments:</p>				
<p>Suggestions/modifications for next lessons:</p>				