**Unit 307: Produce and present advanced starters using standardised recipes**

**Worksheet 11: Prepare dressings, sauces, chutneys and relishes to accompany starters (Tutor)**

List eight ingredients which can be used in the preparation of dressings, sauces, chutneys and relishes:

Any of the following:

* Egg
* Vinegar
* Vegetable oils
* Mayonnaise
* Balsamic vinegar
* Mustards
* Fish sauce
* Hot sauce
* Spices
* Sugar
* Fruits
* Herbs
* Chillies
* Vegetables
* Cheese
* Buttermilk
* Ginger

Briefly explain how you would apply the following statements in relation to the **quantity** of ingredient:s

Adjusting ingredients

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Adapt standardised recipe

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Increasing yield amount

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Explain the following term in relation to **dressings** and give a menu example using the dressing

* Vinaigrette
* Thousand island dressing
* Caesar dressing
* Balsamic dressing
* Regional dressings

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