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Level 1 Extended Award in Personal and Social Skills (601/3724/1)

OVERVIEW

- What does this qualification cover?

This qualification supports the learner's personal development in his/her skills, and understanding needed to succeed in life, study and work. They will help develop attitudes valued by employers. This qualification allows the learner to select from a wide range of topics / skills, and choose the units which are most appropriate to meet their needs and support their progression:

- Managing personal finance
- Effective communication
- Keeping safe
- Working as part of a team
- Contribute to own healthy living
- Rights, responsibilities and citizenship
- Candidate project
- Community project
- Self assessment and development
- Recognise the benefits of having a work/life balance
- Effective skills, qualities and attitudes for learning and work
- Alternatives to paid work
- Dealing with problems
- Developing personal confidence
- Understanding assertive behaviour
- Coping with change
- Interpersonal relationships
- Awareness of equality and diversity
- Valuing equality and diversity
- Understanding the language and culture of a community
- Supporting others
- Environmental awareness
- Family relationships
- Introduction to alcohol awareness
- Introduction to decision-making
- Introduction to drug awareness
- Understanding crime and its effects
- Using materials and equipment for a practical activity



- Understanding eating disorders

This is a Framework Qualification.

- Who could take this qualification? OR who is this qualification designed for?

This qualification is aimed at anyone who wants to live a more independent life, progress in education and/or their employment prospects; get into a job, develop on the job or move onto the next job.

There are no prior qualifications / levels of attainment in order to take this qualification. These qualifications are suitable for the 14-16, 16-18, 18+ and 19+ age ranges ie for both young people and adults.

WHAT COULD THIS QUALIFICATION LEAD TO?

- Will the qualification lead to employment, and if so, in which job role at which level?

The qualification provides grounding in the generic skills required to function independently and succeed in life. The qualification can assist learners' chances of progressing in education and gaining employment in any industry.

- Will the qualification support progression to further learning, if so, what to?

This qualification provides a solid grounding to employability and personal development skills, which will enable progression to further learning including qualifications such as:

- Functional Skills
- Essential Skills Wales
- Essential Skills (Northern Ireland)
- vocational qualifications

There are smaller and larger versions of this qualification at the same level:

Level 1 Introductory Award in Personal and Social Skills
Level 1 Award in Personal and Social Skills
Level 1 Certificate in Personal and Social Skills
Level 1 Extended Certificate in Personal and Social Skills

The qualification is built to be flexibly used to meet the specific needs of each learner.

A learner can achieve some units and claim the smaller Introductory Award or Award or continue and gain this Extended Award, or continue further to claim a Certificate or Extended Certificate sized qualification.

This qualification and the suite of qualifications are built to enable the learner to choose the units which are most appropriate to their needs and to progress and claim qualifications at the size most appropriate to the individual learner's needs.

WHO SUPPORTS THIS QUALIFICATION?

1.

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