

Functional Skills English Entry 1 Reading Sample assessment



www.cityandguilds.com
March 2019
Version 0.1

Candidate Paper

Health

Time allowed: 30 minutes

Marks: 10

Name: _____

City & Guilds enrolment number: _____

Date: _____

You will need

- a pen with black or blue ink
- a dictionary.

Instructions


- Read each question carefully.
- Answer **all** the questions.


**Draft materials
Subject to Technical Evaluation by Ofqual.**

Activity 1

Read the text.


5 top tips to good health

1  Eat five fresh fruit and vegetables.

2  Drink more fresh water.

3  Say NO to junk food and fizzy drinks.

4  Take a walk in the fresh air.

5  Have some fun.

To get a FREE ideas pack visit
the website
www.healthandyou.com



Finish these sentences:

1. The text is mostly about

- fruit.
- sport.
- health.

2. Tip number _____ tells you what food to eat.

3. Do not have _____ food and _____ drinks.

4. Take a _____ outside.

5. You can visit the website for

- free vegetables.
- an ideas pack.
- a shopping list.

6 marks

Activity 2

Read the text.



Eat well

Home

Recipes

Exercise

Health

Diet

Health snacks

Here are some quick and easy snacks you can make at home. They are cheap to make. They can be enjoyed by all the family.

- Frozen grapes
- Crackers with peanut butter
- Low-fat yoghurt and fresh fruit
- Homemade popcorn
- Carrot sticks with dip
- Sweet potato chips



Sweet Potato Chips



Frozen Grapes

Send in your ideas for healthy snacks to

www.eatwellforhealth.co.uk

You can share your ideas with us on social media.



Answer the questions.

1. Who are the snacks good for?

2. What vegetable do you eat with dip?

3. Give one way you can share your ideas.

4. The text is

- a list of instructions
- healthy snack ideas
- a restaurant menu.

4 marks

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DRAFT

Functional Skills English
Entry 1 Reading
Sample assessment

Assessment Pack

Health

DRAFT

Assessor notes for marking

The assessor should mark the test according to the mark scheme.

Reading Activity 1

Q. No.	Answer	Marks	SCS
1	'health and wellbeing' indicated	1	10
2	1/one Do not penalise spelling	1	9
3	<ul style="list-style-type: none">• Junk• Fizzy One mark for each Do not penalise spelling	1 1	8
4	Walk Do not penalise spelling	1	8
5	'an ideas pack' indicated	1	9
6 marks available for Activity 1			
Candidate marks		/6	

Reading Activity 2

Q. No.	Answer	Marks	SCS
1	(all the) family Do not penalise spelling	1	9
2	Carrot (sticks) Do not penalise spelling	1	8
3	One of: <ul style="list-style-type: none">• Website/www.eatwellforhealth.co.uk• Social media / Facebook / Twitter Do not penalise spelling	1	9
4	'healthy snack ideas' indicated	1	10
4 marks available for Activity 2			
Candidate marks		/4	

Assessment Record

Candidate's name: _____

Date: _____

C&G Enrolment number (ENR): _____

Totals	Candidate scores	
6 Marks available for activity 1	/6	
4 marks available for activity 2	/4	
Total marks available for Reading 10	/10	
Candidate has achieved (tick one)	Yes <input type="checkbox"/>	No <input type="checkbox"/>
	Date	Signatures
Assessor name		
IQA name (if sampled)		
EQA name (if sampled)		