

Essential Skills Wales

Essential Application of Number Skills (EAoNS)

Level 3 Controlled Task

Large data set – digital version

Raising Fitness Levels

Version **2.3**

Instructions to Centres

This document is a digital copy of the data included in the source material in the candidate pack, in a format that may be copied and used by the candidate for the completion of the controlled task.

Candidates who wish to use a computer should be presented with the document by means of a data storage device (such as a USB stick) or via a secure network. Under no circumstances should the document be emailed to the candidate. Please note that use of a computer to complete the controlled task is optional.

The document **must not** be accessible by the candidate outside of the controlled assessment conditions and after the task has been completed.

As with all live assessment materials, the document **must** be handled and stored securely and **must not** be used for any other purposes other than for this specific assessment.

Source 1 Table – exercise participation rates and BMI of people in different regions (page 1 of 2)

Initials of person	Region	Age (years)	Gender	Weekly exercise (hours)	Number of sessions per week	Body Mass Index (BMI)
CH	south	30	f	2.0	2	26.3
DD	east	32	m	5.75	5	26.3
BM	south	42	m	2.0	4	27.8
BF	north	47	f	3.5	7	26.8
ED	east	38	f	2.0	5	28.4
FF	west	28	f	2.0	1	25.6
EH	east	50	f	1.5	2	25.1
AD	north	34	m	2.0	2	27.1
BH	south	20	m	4.0	6	25.4
AE	north	40	m	0.0	0	27.2
AN	north	27	f	4.5	3	23.7
AC	north	26	m	3.5	5	26.9
FK	west	46	f	2.5	5	26.5
DG	east	43	m	4.0	4	26.2
DC	east	27	m	6.5	3	27.0
EC	east	31	f	2.0	4	27.3
CN	south	51	f	4.0	5	26.8
CP	south	52	f	3.0	2	26.9
EE	east	41	f	2.0	1	24.1
BA	north	32	f	0.0	0	24.2
AH	north	48	m	1.75	2	27.0
BB	north	36	f	2.0	1	25.0
AK	north	52	m	0.0	0	27.2
EB	east	29	f	2.0	1	27.1
FH	west	37	f	1.5	1	24.4
EG	east	46	f	1.5	1	24.5
BG	north	53	f	3.25	4	26.5
DB	east	24	m	5.0	6	26.5
FB	west	52	m	0.0	0	25.8
FJ	west	44	f	1.5	1	24.5
BC	north	37	f	2.0	1	25.2
EF	east	44	f	1.5	1	24.3
BJ	south	23	m	3.0	2	24.8
CF	south	26	f	0.0	0	26.9
EA	east	25	f	4.75	5	26.9
AA	north	23	m	9.75	6	23.6
EJ	east	51	f	0.0	0	26.2
FM	west	52	f	3.0	2	25.8
AF	north	42	m	2.25	2	25.9
BL	south	35	m	4.25	4	24.3

Source 1 Table – exercise participation rates and BMI of people in different regions (page 2 of 2)

Initials of person	Region	Age (years)	Gender	Weekly exercise (hours)	Number of sessions per week	Body Mass Index (BMI)
DL	east	22	f	4.75	3	26.2
FL	west	49	f	2.5	2	24.8
DA	east	21	m	6.0	4	25.4
EK	west	20	m	7.25	4	25.0
FD	west	22	f	6.0	5	24.9
EL	west	24	m	5.0	6	25.1
CJ	south	32	f	3.5	7	26.5
DH	east	46	m	3.75	2	27.3
CK	south	37	f	3.0	2	26.8
BK	south	36	m	3.0	4	25.0
FA	west	49	m	0.0	0	26.9
EJ	west	36	m	2.0	1	25.2
AL	north	22	f	3.5	2	24.0
DF	east	40	m	4.5	3	26.1
FG	west	33	f	1.0	1	24.8
EK	west	42	m	1.5	1	25.5
CB	south	47	m	0.0	0	27.9
CE	south	23	f	4.75	4	26.9
EG	west	29	m	3.0	2	24.3
CD	south	53	m	1.0	1	27.8
FE	west	26	f	4.0	5	25.2
AJ	north	51	m	1.5	1	28.5
CL	south	43	f	3.5	2	27.0
BL	south	40	m	3.0	2	26.1
FN	west	54	f	2.5	2	25.4
BD	north	43	f	3.75	5	26.3
CC	south	51	m	1.0	1	27.6
FC	west	54	m	0.5	1	26.4
CG	south	27	f	2.0	2	26.2
AB	north	25	m	7.5	5	24.1
CM	south	49	f	4.0	5	27.2
DJ	east	53	m	4.5	6	26.2
AM	north	26	f	5.0	3	23.6
CA	south	45	m	0.0	0	28.2
BE	north	44	f	3.75	2	27.0
AG	north	45	m	2.0	1	26.5
DK	east	55	m	4.5	5	24.8
EH	west	31	m	2.75	2	24.3
EL	west	44	m	1.5	1	25.2
DE	east	34	m	4.75	4	26.6

Note: Body Mass Index (BMI) is a measure that uses height and weight to work out if a person's weight is healthy. For most adults, an ideal BMI is between 18.5 and 24.9